

# CURRICULUM VITAE

Elizabeth Schaeffer PT, DPT May 2018  
Certified Vestibular Rehabilitation Specialist  
Department of Physical Therapy  
Hardin-Simmons University  
Abilene, TX 79698  
E-mail: [beth.schaeffer@hsutx.edu](mailto:beth.schaeffer@hsutx.edu)  
Phone: 325-670-1928

**Education:**

Transitional Doctorate in Physical Therapy 2003-2004  
Hardin-Simmons University  
Abilene, TX

Masters in Physical Therapy 1999-2000  
Hardin-Simmons University  
Abilene, TX

Bachelor of Arts 1995- 1998  
Hardin-Simmons University  
- Major in Biology, Minor in Psychology

**Licensure Information/Registration Number:**  
Physical Therapy License, Texas License 1138485 (2001– present)  
National Provider Identifier: 1407885379

**Certifications:**

Certification in Vestibular Rehabilitation May 2010  
- Emory University – lead by Susan Herdman, PT

CPR Certification, American Heart Association March 2018 – March 2020

**Employment & Positions Held:**

ACADEMIC APPOINTMENTS

Assistant Professor and Director of Clinical Education August 2018-present  
Hardin-Simmons University  
Abilene, TX 79698

PHYSICAL THERAPY POSITIONS

West Texas Rehabilitation Center, Abilene, TX April 2005-Aug 2018  
Physical therapist in the adult setting for outpatient therapy

- Provide one-on-one therapy to patients with a variety of diagnosis
- Work with patients in the pool setting
- Specialize in treating vestibular and balance dysfunctions
- Co-treat patients with occupational therapists
- Assessments for hospice patients' needs

Work and Rehab, Abilene, TX

Oct 2003-April 2005

Physical therapist in an orthopedic, outpatient, private clinic

- Provide therapy to patients with orthopedic diagnosis
- Contract physical therapy to Hendrick Medical Center (inpatient therapy) and Hendrick Center for Rehabilitation (ECI, outpatient therapy, acute care), Sears Nursing Home and Home Health, and to West Texas Rehabilitation Center
- Co-treat patients with occupational therapists

HealthSouth, Abilene, TX

May 2001-Oct 2003

Physical therapist in an orthopedic, outpatient clinic

- Provide therapy to patients with orthopedic diagnosis
- Work with patients in the pool setting
- Work with industrial rehabilitation for return to work clients

Student Worker

Sept 1997-Dec 1998

Hardin-Simmons University-Department of Physical Therapy

Worked alongside the Administrative Assistant

- Answering phone calls and faxing
- Filing paperwork, making copies and anything else that was needed for an efficient office

### **Book Publications**

*None*

### **Journal Publications**

*None*

### **Peer Reviewed Scientific and Professional Presentations:**

The Reliability and the Influence of Dorsiflexion Range of Motion and Age on Wedge Test Scores. (platform presentation) Forth Annual Scientific Inquiries in Physical Therapy Practice. Hardin-Simmons University, 2000

### **Other Scholarly Products:**

*Master's Thesis:*

Schaeffer E. The Reliability and the Influence of Dorsiflexion Range of Motion and Age on Wedge Test Scores.

### **Current Research Activity:**

The correlation of Driving Assessment Outcome Scores with the Timed Up and Go

The correlation of Driving Assessment Outcome Scores with the Dynamic Gait Index

Student Perception of Clinical Performance Compared to CI Perception

### **Membership in Scientific/Professional Organizations:**

- American Physical Therapy Association (1999- present)
- Texas Physical Therapy Association (1999-present)
- Midwest District of the Texas Physical Therapy Association
  - Guest Lecturer: Vestibular Rehabilitation, Aug 2016

### **Consultative and Advisory Positions Held:**

National Level: none

State Level: none

Local Level: none

### **Community Service:**

#### Church Activities:

- Director of Nursery (0-2 years)
- Leader / Teacher in AWANA children's program (3-4 years)
- Member of Mission's Team to Ecuador

#### Community Service and Involvement:

- Captain of Junior Tennis Team
- Assist in Stroke Support Groups at West Texas Rehabilitation Center
- Volunteer at West Texas Rehabilitation Center fundraisers (Telethon, Clay Shoot, Dinner Show)

### **Honors and Awards:**

#### High School

- Varsity 2 years
- National Honors Society

#### College

- Varsity Basketball 1 year

### **Recent Continuing Education**

Basic Clinical Instructor Certification Course	May 2004
Functional Job Analysis and Prewrite Screening	Aug 2006
Back Education and Training	Nov 2006
Clinical Instructor Certification Course: Part 2	June 2009
Certification in Vestibular Rehab, Emory University	April 2010
Educated in Driving Assessments	June 2010
Educated in Low Vision Assessments	June 2010
Kinesiotape 1 and 2	April 2011
Kinesiotape 3	July 2011
Aquatics Training	2009, 2012, 2013
TRX: Sports Medicine Suspension Training	June 2015
WorkSTEPS, Inc Certificate of Completion	Jan 2016
Graston Technique—Level 1	Feb 2016
PNF I, IPA	Feb 2017
Certification in Dry Needling, through IAOM	April 2018

**Current Teaching Responsibilities in the entry-level DPT program:**

Fall Semester

- 1 - Bio 2101 Introduction to Physical Therapy
- 1 - PHYT 7421 Introduction to Clinical Diagnosis and Management I- Lab Assistant
  
- 3 - PHYT 7885: *Experiential Professional Activity V*

Spring Semester:

- 1- PHYT 7222 Introduction to Clinical Diagnosis and Management II- Lab Assistant
  
- 3 - PHYT 7872: *Experiential Professional Activity II*
- 3 - PHYT 7873: *Experiential Professional Activity III*

Summer Semester

- 1- PHYT 7371: *Experiential Professional Activity I*
  
- 3- PHYT 7874: *Experiential Professional Activity IV*
- 3- PHYT 7875: *Experiential Professional Activity V*

Year Round

- 1 - 2 PHYT 7170 *Experiential Professional Activity: Campus Clinic (serve as PT Faculty Mentor)*