Hardin Simmons University University Recreation Department

Dodgeball Rules

Regulations published in the Hardin-Simmons University Intraamural Policies & Procedures will be the governing policies for all intramural sports. Team captains are responsible for possessing a thorough understanding of these regulations and their implications.

1. THE GAME

- 1. Each team shall consist of four (4) players.
- 2. Each team must have a minimum of two (2) players in order to begin a game.
- 3. <u>FORFEITS:</u> A forfeit will be declared after the 10 minute wait period.

 During the 10 minute wait period, a team will be penalized for showing up late. Below are the guidelines for being penalized: <u>5 minutes</u>: The team that does not have enough players will lose Game 1. <u>10</u> minutes: The match will be forfeited with a score of 3-0.
- 4. Game balls will be provided for each game.
- 5. The object of the game is to eliminate all opposing players by getting them **OUT**. An **OUT** is scored by:
- 6. Hitting an opposing player with a LIVE thrown ball below the shoulders Catching a LIVE ball thrown by your opponent before it touches the ground.
- 7. Causing an opponent to drop a held ball as a result of contact by a thrown LIVE ball. (Usually occurs when a ball is being used to block a thrown ball.)
- 8. A player touching or crossing any of the boundary lines on the court and touches an area outside of the boundary in an attempt to dodge a ball.

Definition: LIVE: A ball that has been thrown and has not touched anything except another player or just the ball that is in possession of another player. A ball becomes dead when hitting an official, the ground, court dividers, wall, a ball not in possession of a teammate, players out of the game, spectators, or other object. A dead ball that hits a player or is caught does not result in an **OUT**.

9. A ball is considered LIVE if the ball is in flight at the time of an official's signal to end regulation time.

2. BOUNDARIES

- 1. During play, all players must remain within the boundary lines.
- 2. A boundary line itself is considered "out of bounds". A player dodging a ball and makes contact with or crosses the boundary line is considered OUT. This is a judgment call by the officials and their ruling is final.

4. BEGINNING THE GAME

- 1. Each match will begin with a coin toss. The team winning the toss will have its choice of either side of the court. Teams will alternate sides following each game.
- 2. Game begins by placing the dodgeballs along the center line Four (4) will be placed on the mid line where they are first come first grab.
- 3. Players then take a position with one hand on the wall until a whistle or verbal signal is given to begin the game.
- 4. Once a ball is retrieved it must be taken behind the attack line before it can be legally thrown.

5. TIMING AND WINNING A GAME

- 1. The first team to legally eliminate all opposing players will be declared the winner.
- 2. A match will consist of a best three (3) out of five (5) games series. Each game will have a 5-minute time limit with a continuously running clock.
- 3. If time expires before the completion of the game, the game will result in a tie (regardless of the number of players remaining on either team.
- 4. <u>Sudden Death Overtime</u> (if needed): The overtime period will begin with each team selecting any two (2) of their own players to go back on the court must be one (1) male and one (1) female for Coed games. Each player will start on their designated wall with (1) ball in hand. The first team to eliminate both opposing players will be declared the winner.
- 5. During the overtime period, if a team with 2 players remaining catches a live ball, the player who threw it is out, but may NOT bring in a 3rd player to the court. i. The same 2 players for each team will be used for duration of the overtime period. e. All games will be officiated. The official will be responsible for determining if a player is OUT and returning game balls to the playing field that would have otherwise not re-entered the field of play, if needed. All decisions made by the official is final.

6. RULES OF THE GAME

- 1. Once a player is OUT, he/she must immediately go to the players box in the corner of the court.
- 2. If a LIVE ball is caught, then one player from the team that caught the ball is allowed to re-enter the game.
- 3. Retrieving balls: Players may not reach across the midline to retrieve balls.
- 4. Stalling Rule: In order to reduce stalling, a penalty will be called if either team has control of four (4) or more balls for more than seven (7)

- seconds. "Control" is defined as having the ball on a team's half of the court and easily accessible to the players, regardless if it is in possession of a player or not.
- 5. Teams in violation of this rule will be penalized a player (currently on the court) of the offending team's choice.
- 6. Teams who attempt to violate the spirit of the rules in any way will be warned. Each following violation will result in the player being called OUT. If multiple players are involved, one (1) player involved will be called OUT, at the choice of the violating team.
- 7. <u>Substitutions</u>: Substitutions will only be allowed during the period between games.

3. THE OFFICIALS AND CODE OF CONDUCT

- 1. Intramural officials will be used to officiate Intramural Dodgeball. All decisions by the official is final. ARGUING A DECISION WILL NOT BE TOLERATED! Players arguing after given a warning will be given a "technical" and will have to sit out for the remainder of that game. If a second "technical" is given to the same player during the entire match, that player will be ejected from ALL Intramural Sports indefinitely and will have to be reinstated by the Coordinator of University Recreation before being allowed to participate again.
- 2. <u>Verbal Conduct:</u> The use of profane language directed to one's self or another will not be tolerated. Arguing with an official or player in an unsportsmanlike manner will not be tolerated. Failure to abide by this rule may result in consequences listed above.
- 3. <u>Ejections:</u> A player ejected from a match shall not participate in that match again. The official may eject a player from the court area if deemed necessary. If ejected from the court area, the player shall leave

within two minutes. Failure to do so will result in that team to forfeit the game. An ejected player is automatically disqualified from ALL intramural contests in all sports until they see the proper staff member in charge of that sport.

4. Co-Rec. Regulations

- 1. A Coed team shall consist of two (2) males and two (2) females per team.
- 2. Each Coed team must have a minimum of two (2) players (at least 1 of each gender) in order to begin the game.
- 3. Team may not have more than two (2) of either gender on the court at one time.
- 4. Legal gender combinations are as follows: 2M/2F, 1M/2F, 2M/1F.

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